

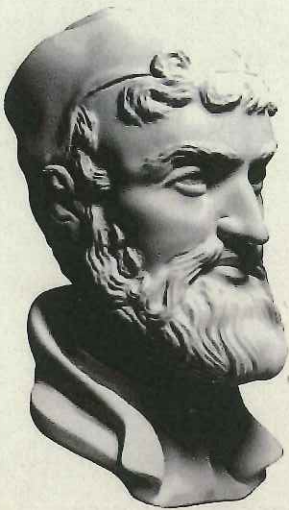
**iGALEN**  
MANAGING INFLAMMATION NATURALLY



**COOL**  
**INFLAMMATION**  
WITH THE COMPLETE AND NATURAL  
**CARBOHYDRATE**  
**MANAGEMENT**  
**SYSTEM**

THE WORLD'S 1<sup>st</sup>

# about Galen



“ Inflammation can be defined as swelling, redness, heat and pain. If allowed to go on, it can lead to loss of organ and body function. ”

**Claudius Galen 129 – 216AD**

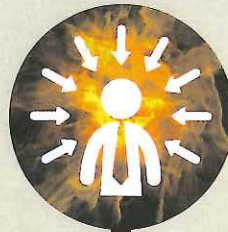
Claudius Galen, is better known as Galen of Pergamon was a prominent Greek physician, surgeon and philosopher in the Roman empire. In fact, he was the physician of The Roman Emperor of his time. Arguably the most accomplished of all medical researchers of antiquity, Galen influenced the development of various scientific disciplines, including anatomy, physiology, pathology, pharmacology, and neurology, as well as philosophy and logic.



Physician to the Roman Emperor



Employed more than 20 writers to document his theories / findings / knowledge in the tune of 10 million words



Most noted contribution:  
**INFLAMMATION IS THE ROOT TO NEARLY ALL SICKNESSES**



The most advanced works in medicine since Hippocrates



Considered by many as **“The father of modern medicine”**

**Did you know?** **GALENICAL** (as opposed to pharmaceutical) means “a medicinal preparation concocted mostly out of herbs or vegetable matter”, is named in honor of Galen.

## the future offerings of iGalen

### Ovinex™ – Sheep Collagen

Collagen is the most common protein in the human body. We lose collagen as we age. We can replace this collagen by consuming collagen from other warm blooded mammals - pigs, cows and sheep. Collagen derived from sheep is the only one that is free of cultural and religious issues. It is fully manufactured in Australia - the only country with "disease free sheep" as certified by the United States Department of Agriculture (USDA). It is also 'Halal' certified.

### Longvida® - Anti-Inflammatory

Powered by patented (EP 1993365) SLCPTM Technology (Solid Lipid Curcumin Particles) co-developed by the University of California in Los Angeles (UCLA), Longvida® Optimized Curcumin delivers free curcumin into target tissues through the critical bioavailability requirements of permeability, solubility and stability allowing high levels of free form curcumin to be present in all organ tissues, the joints and even the brain.

### Liphagel™ - Joint Pain Relief

Hyaluronic acid (HA) is a substance that occurs naturally in the joints. It acts like a lubricant and shock absorber for the joints to work properly. HA cannot be taken orally and must be injected into the joint. With new cutting edge technology using liposomes, Liphagel™ makes this unique powerful substance cross the skin and reduce pain and inflammation naturally - usually within the hour without any side effect.

### GS15-4® - 21<sup>st</sup> Century "Pre-Digested" Ginseng

This Korean technology has been clinically proven to provide 15 times increased absorption, 4 times faster absorption and 4 times more consistent absorption. In addition, the process also provides an improved taste profile compared to conventional ginseng extracts. Improved bioavailability means improved adaptogenic support for fatigue, stress and increased energy. The "Pre-Digested" process is backed by 4 patents and proprietary technology.

## partners of iGalen

### HOLISTA COLLTECH

The Australian world leader in ovine (sheep) collagen research, development and manufacture. Holista focuses also on food ingredients. ([www.holistaco.com](http://www.holistaco.com))



Global Research & Discovery Group

Global Research & Discovery Group, LLC aims to be the world's leading think tank and trouble shooting research organization that can outperform government and university institution by minimizing bureaucracy and maximizing real "on-the-ground" problem solving capabilities. ([www.globalrdg.com](http://www.globalrdg.com))



VERDURE  
SCIENCES®

Working with an extensive global network of universities, medical centres and laboratories, the company develops cutting edge products in natural health care. It produces the most advanced form of free curcumin. ([www.vs-corp.com](http://www.vs-corp.com))



A 40 year old South Korean world leader in ginseng science and an Award winner of Engredea – Best Botanical 2012. ([www.ilhwakoreanginseng.com](http://www.ilhwakoreanginseng.com))



Design and develops innovative high quality actives based on profound scientific know how of powerful encapsulation technology that guarantees optimum bioavailability. The Spanish company is a world leader with liposome encapsulation. ([frod85.wix.com/palmabiotech](http://frod85.wix.com/palmabiotech))



The company is firmly focused on returning the origins of drug discovery by exploring the metabolic and physiological pathways of plants. The company's breakthrough technology lead to the development of the World's First Carbohydrate Manager - Emulin™ ([www.atmmetabolics.com](http://www.atmmetabolics.com))

# the story of iGalen

## Vision

To live in a world of minimized and managed inflammation, leading to improved health and prolonged useful life.

## Mission

To educate people on the dangers of inflammation and provide the natural scientifically tested solutions and lifestyle options.



**M. Joseph Ahrens PhD**  
**Scientist**  
 Co-Discoverer of Emulin™

An American scientist, inventor, entrepreneur

The vice president, scientific affairs of ATM Metabolics  
 Co-author of 'The Grapefruit Solution'



**Daryl L. Thompson**  
**Scientist**  
 Co-Discoverer of Emulin™

An American scientist, inventor, entrepreneur

The president and director of research of ATM Metabolics  
 Co-author of 'The Grapefruit Solution'



Emulin™ is a natural, over-the-counter compound derived from fruits, vegetables and spices.

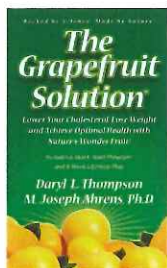


Emulin™ works in 7 ways in the body to reduce the ill effects of excessive carbohydrate intake.

**EXCLUSIVE SUPPLY**



Emulin™ was discovered by Daryl Thompson and Dr. Joseph Ahrens, former director of research for the Florida Department of Citrus, when studying the use of grapefruit as a weight loss tool. They went on to improve their research and patented a combination of compounds far more powerful and effective than the actives of the grapefruit.



**THE WORLD'S 1st**  
**COMPLETE AND NATURAL**  
**CARBOHYDRATE MANAGEMENT SYSTEM**  
**TO REDUCE INFLAMMATION**

**Patented  
Australian Sheep  
Collagen. Certified  
Disease Free**



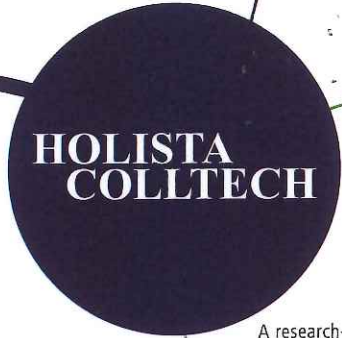
The company is the only company producing sheep (ovine) collagen using its patented extraction methods and is on track in liposome encapsulating the collagen and food grade collagen.

**The world 1<sup>st</sup> and only  
sheep derived collagen**



**Deborah Cooper, Scientist  
Helped Develop the Technology**

Doctorate from Cambridge University  
Specializing in Implants  
Biotech professional  
Involved in Sheep Collagen, Collagen Development, Commercialization, and Strategic Positioning



**HOLISTA  
COLLTECH**

A research-driven biotech company, a result of merger of Holista Biotech Sdn Bhd and CollTech Australia Ltd dedicated to delivering first class natural ingredients and wellness products.



Dedicated to providing health-conscious solutions to a comfort food loving world with research centers in Australia and Malaysia.



**JEFFREY BUSCH  
PRESIDENT  
LITEFOOD INC USA**

Doctor of Jurist Prudence from Emory University and member of the New York Bar Association  
Served under two United States Presidents  
Youngest US ambassador at the United Nations in Geneva



**DR. ROSCOE M. MOORE JR  
SCIENTIFIC ADVISOR  
Retired US Assistant Surgeon General**

Bachelor's and Doctor of Veterinary Medicine degrees from Tuskegee University

Master of Public Health degree in Epidemiology from the University of Michigan

Doctorate in Epidemiology from Johns Hopkins University

Fellow of the American College of Epidemiology

Served as Chief Epidemiologist in the US Food and Drug Administration (FDA)

Retired with the rank of Rear Admiral in the US Military Services

Served with the National Institutes of Health (NIH)

International experience in Sub-Saharan Africa, Vietnam, Indonesia, Malaysia, Israel, Switzerland, the former Yugoslavia, Poland, Mexico, China, and Canada

**RESEARCH &  
DEVELOPMENT**



Holista works with some of the leading universities and centers of natural products research. Our researchers, strategic alliance partners and universities partners continue to work to guarantee the most cutting edge products and technologies.

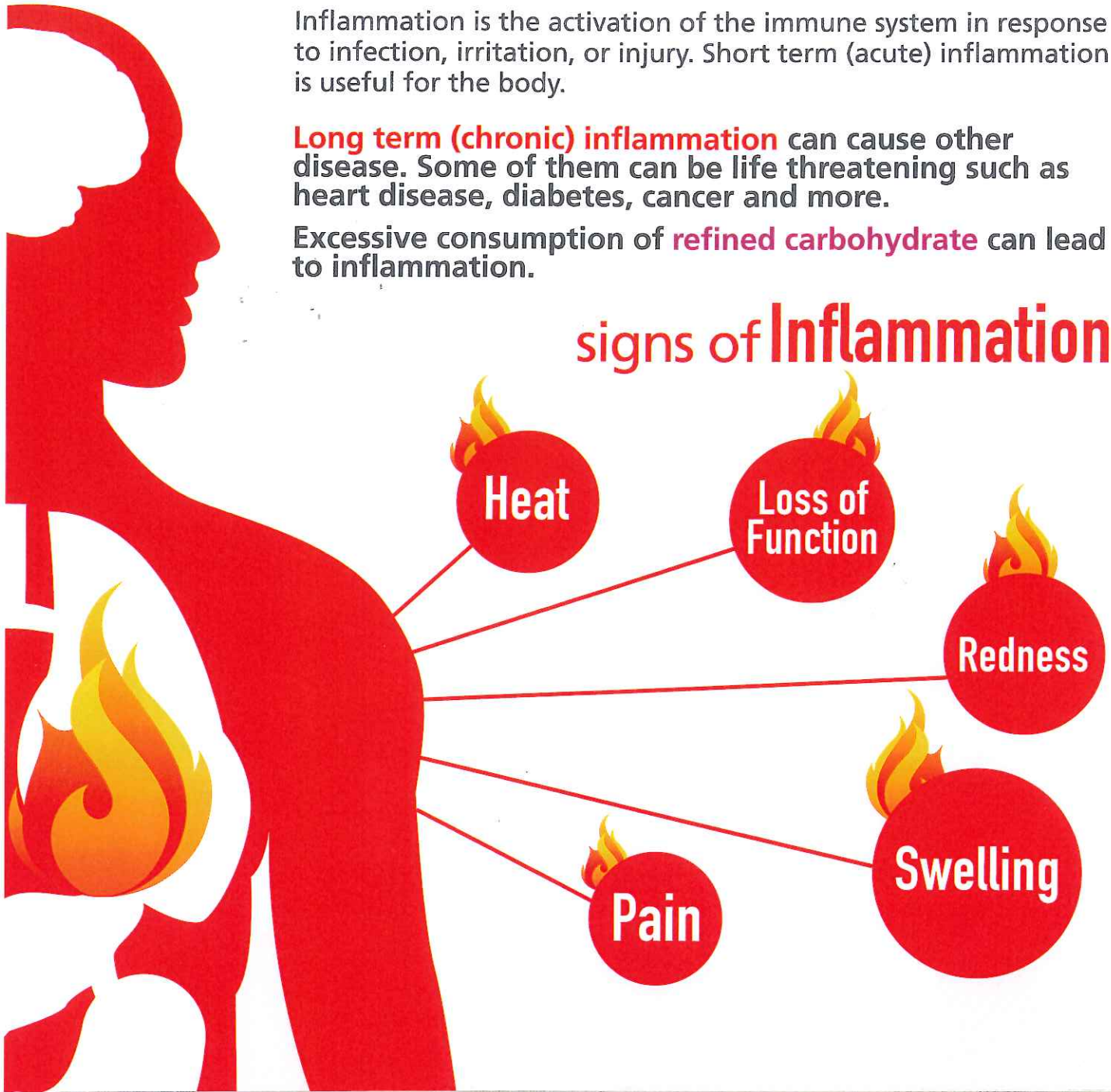
# understanding Inflammation

Inflammation is the activation of the immune system in response to infection, irritation, or injury. Short term (acute) inflammation is useful for the body.

**Long term (chronic) inflammation** can cause other disease. Some of them can be life threatening such as heart disease, diabetes, cancer and more.

Excessive consumption of **refined carbohydrate** can lead to inflammation.

## signs of Inflammation



## what are Refined Carbohydrates

Refined carbohydrates are carbohydrates that are processed to make them even more consumer-friendly and easier to store. These carbohydrates have been stripped of most - if not all - of their nutrients and fiber. That is why they are referred to as "empty calories." These type of food deplete your body of its vitamins and minerals during the digestion process. Even much worse, they will cause your blood sugar to rise rapidly.

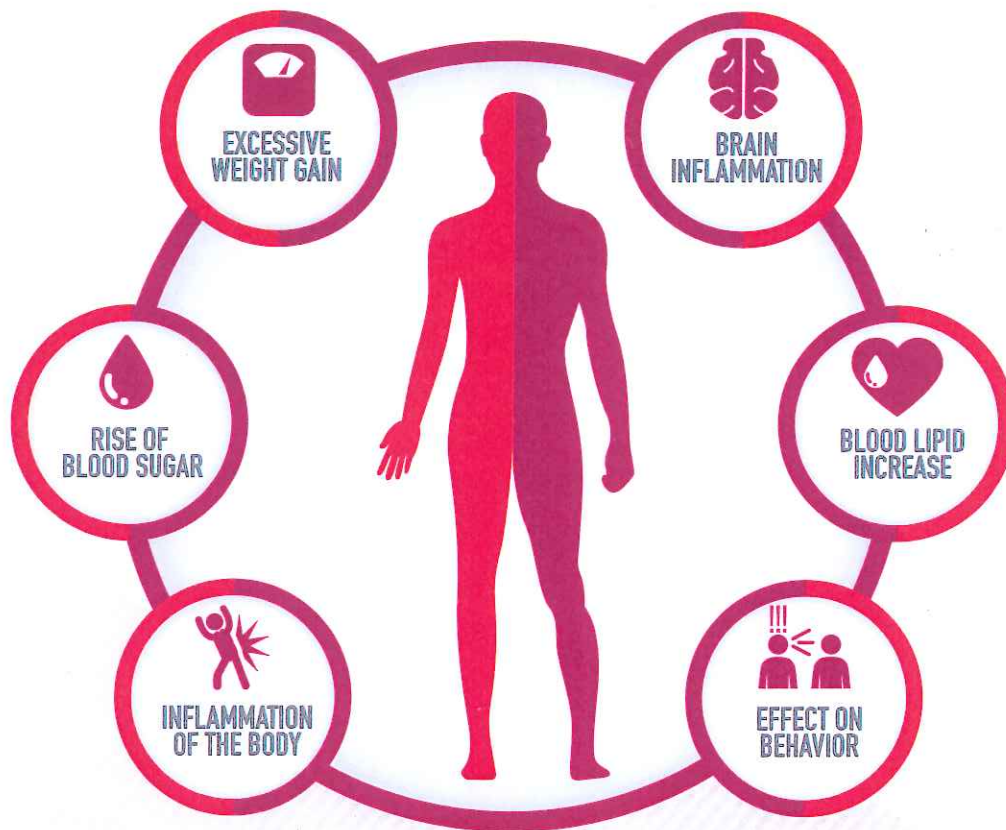
## examples of Refined Carbohydrates

Refined carbohydrates include most baked goods, white breads, pastas, snack foods, candies and soft drinks. Other examples of refined carbohydrates are bleached, enriched wheat flour and most dangerous of all, white sugar.



## dangers of Refined Carbohydrates

Consuming too many processed, refined carbohydrate foods can not only produce nutrient deficiencies, but it can also lead to the development of chronic metabolic diseases such as diabetes and heart disease by causing the blood sugar to rise, leading to chronic inflammation.



# the people of iGalen



## Conn Flanigan

DIRECTOR of iGalen USA

B.A. in International Relations from the University of San Diego in 1990 and a Juris Doctor Degree from the University of Denver Sturm College of Law.

Serves as General Counsel and Secretary with several U.S. subsidiaries of Heng Fai Enterprises Ltd. Began advising these subsidiaries as in-house Corporate Counsel in 2000 and was appointed to General Counsel in 2007.

Advises on all corporate and securities matters, including corporate finance and structure, debt and equity offerings, and securities compliance. He also negotiates, drafts, and oversees the companies' transactions.



## Chan Heng Fai

ADVISOR of iGalen

Director of Holista Colltech Limited

Entrepreneur with global footprint

Skilled at restructuring and financial engineering

Turned around the ailing American Pacific Bank and resold it to the Federal Reserve

Sees potential in healthcare nutritional products

Big believer in Multi Level Marketing concept to deliver quality unique healthcare products globally

Entrepreneur with a global fast print

More info at [www.fai185.com](http://www.fai185.com)





## Rajen M, PhD

SCIENTIFIC ADVISOR of iGalen

Executive Chairman and CEO of Holista Colltech Limited

Pharmacist with Doctorate in Holistic Medicine with specialization on effects of carbohydrates on the metabolism

Founder of Holista Group of Companies

Authored the National Natural Products Blueprint for Malaysia

Works in Holistic Medicine and R&D in Natural Products

Was Health Columnist (The Star, The Edge, New Straits Times)

Mission to build an ethical network marketing company

## corporate **Advisor**

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## Ismail Ibrahim

ADVISOR of iGalen

Co-founder of one of Malaysia's leading law firms Nik Saghir & Ismail – and is now its Managing Partner

Degree of Utter Barrister at Lincoln Inn, London in 1970

Served as Magistrate, President of the Session's Court, and Senior Assistant Registrar of the High Court of Malaya before entering into private practice

Specialized in banking, corporate finance and property laws

Took a significant stake in a capital raising by Holista Colltech Limited (Australia) in 2009 and emerged as one of its leading shareholders

join the **iGalen Family**



**OUR BREAKTHROUGH PRODUCTS** has huge market potential. Get involved now!  
**BE PART OF THE iGALEN FAMILY.** Use the products, enjoy the benefits, and share them  
with your family and friends. Grow your Health and Wealth. **CONTACT US NOW!**



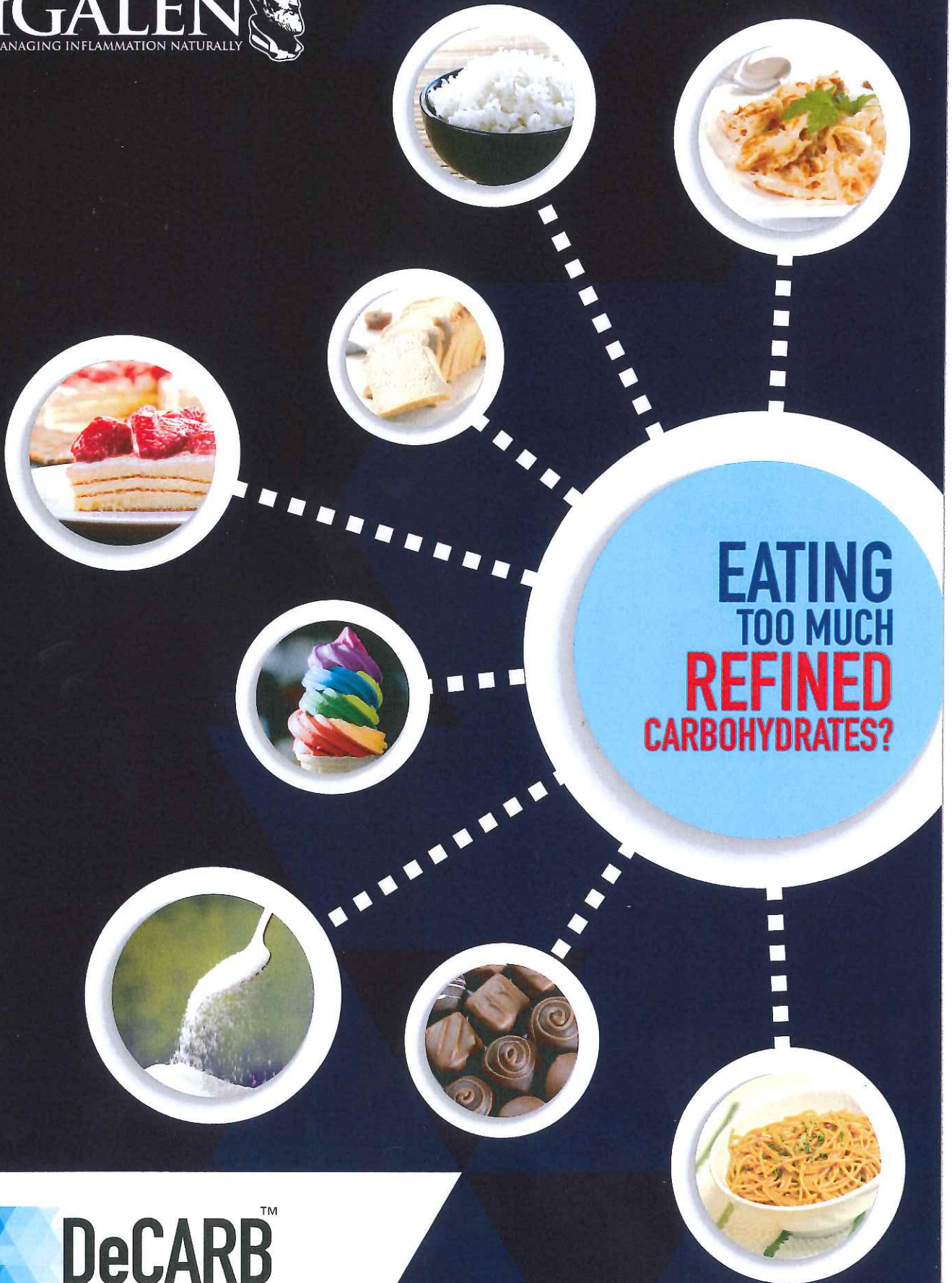
**iGALEN Sdn Bhd** (AUL 932076)

Unit 1202, 12th Floor, Amcorp Trade Center  
PJ Tower, No. 18 Persiaran Barat  
46050 Petaling Jaya, Selangor, Malaysia.

Tel: +603-7968 2333 | Fax: +603-7969 1881

[info@igalen.com](mailto:info@igalen.com)

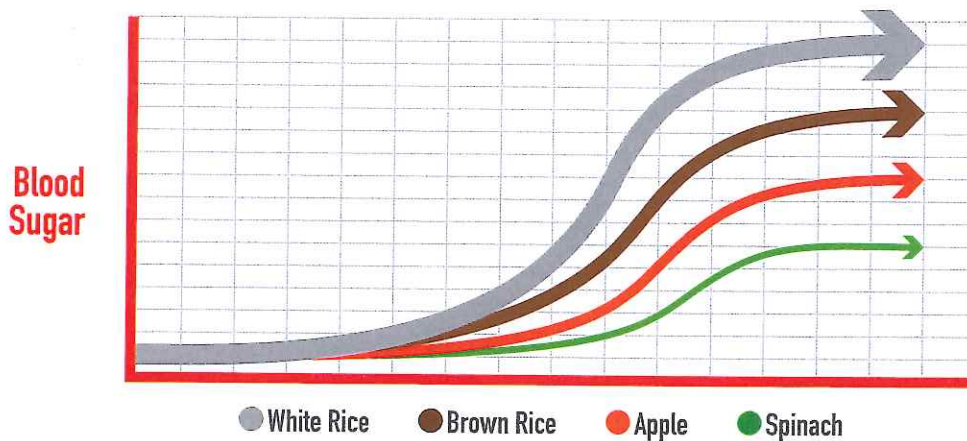
[www.igalen.com](http://www.igalen.com)



# what are Refined Carbohydrates

Refined carbohydrates are highly processed and all their nutrients (vitamins and minerals) and fiber has been removed. As a result, your blood sugar will rise very quickly when you consume it.

This makes them easy to digest causing your blood sugar to rise quickly.



High blood sugar causes inflammation that leads to many health problems – diabetes, increased body weight and alteration in the fat content (cholesterol and triglycerides) in the blood. High blood sugar also dulls your brain causing “brain fog”, mental lethargy and drowsiness.

Constant intake of excess Refined Carbohydrates leads to **Chronic Inflammation**.

## what is EMULIN™

EMULIN™ is an all natural patented compound derived from parts of plants.

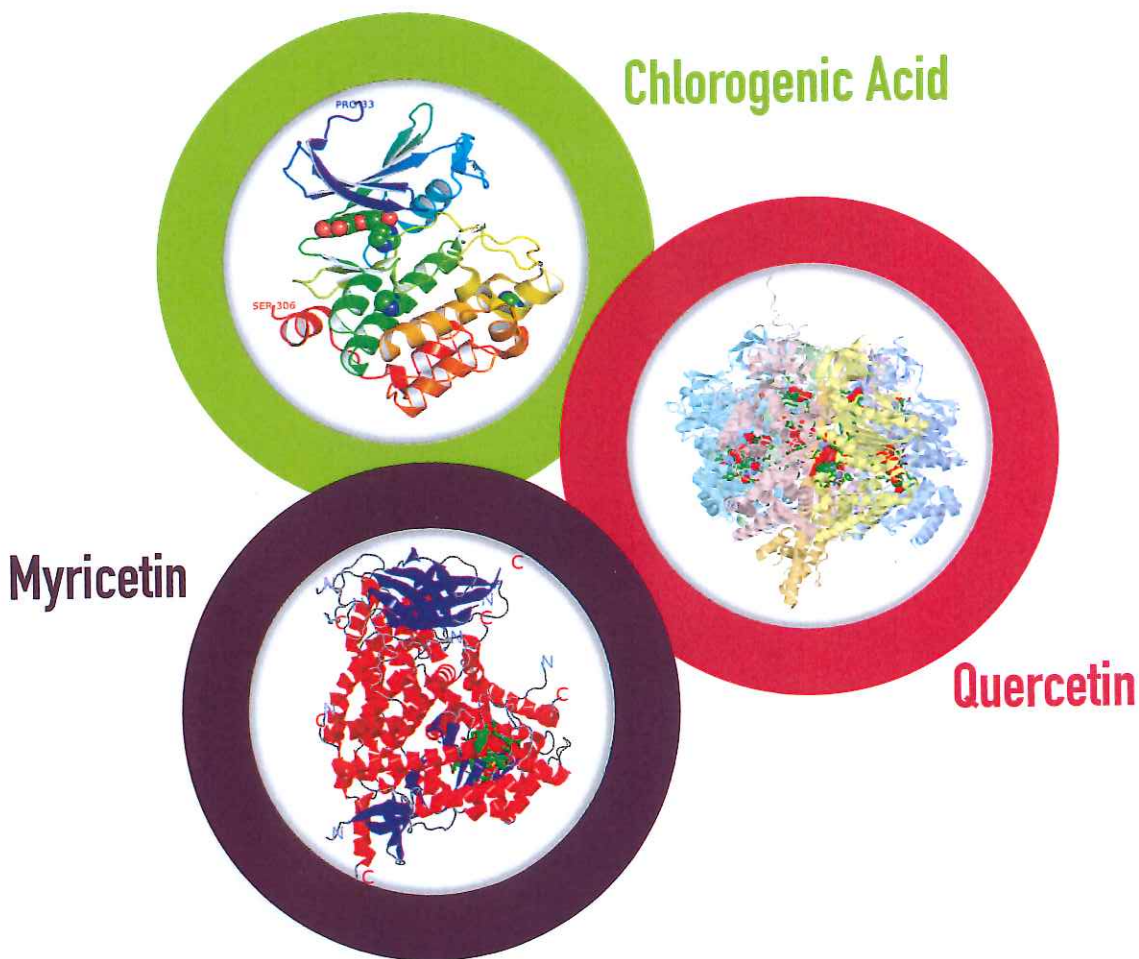


Dr. Ahrens and Daryl Thompson identified three phytochemicals that emulated insulin (hence, the name Emulin™) at various key enzymatic control points and increase insulin sensitivity. These compounds have been left out in our modern day diets as we processed and refined our food.

# benefits of EMULIN™

The three actives of Emulin™ work in synergy to protect the body manage the ill effects of excess consumed carbohydrates at the known and established seven various points. Emulin™ was develop after years of research using sophisticated 3D computer modelling which tested huge database of enzymes and natural compounds that exist in nature.

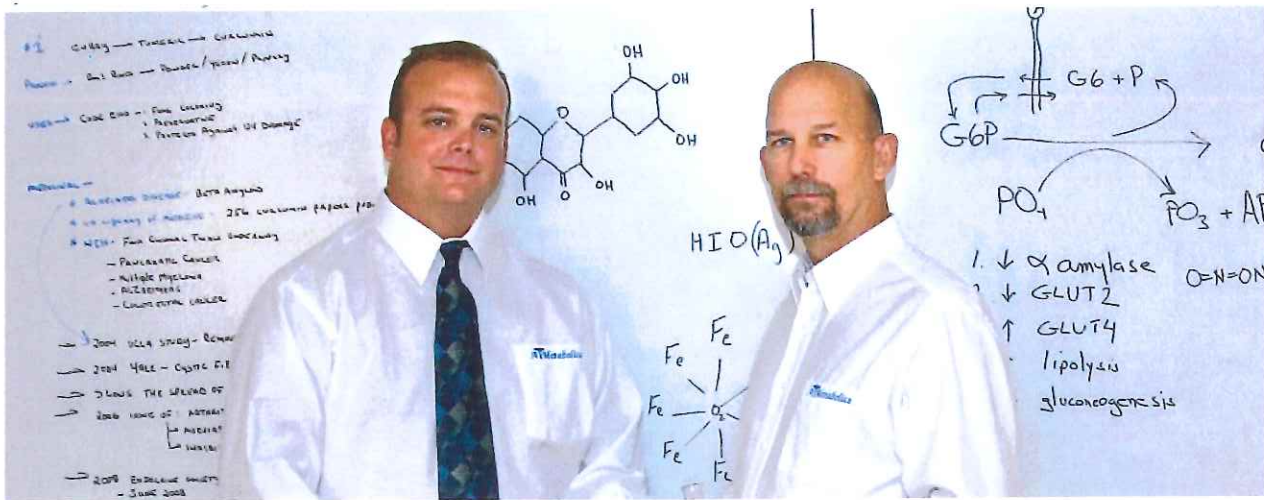
## The three actives of Emulin™



Put back what has been taken out from the original diet.

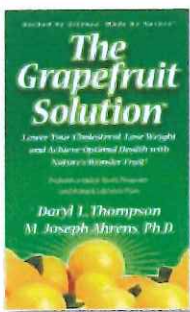
# the creators of EMULIN™

Emulin™ was discovered by Daryl Thompson, a food and bio-chemist, and Dr. Joseph Ahrens, former director of research for the Florida Department of Citrus, by studying the use of grapefruit in weight loss and improving other metabolic outcomes like control of blood sugar and blood fats (cholesterol and triglycerides).



Daryl L. Thompson

Dr. M. Joseph Ahrens



Dr Ahrens and Daryl Thompson started working on why grapefruit helps with weight loss and improvement of blood sugar and blood fats.

That resulted in "The Grapefruit Solution™" book that proved to be a huge success in the United States.

They however went beyond the grapefruit and discovered unique compounds in plants – vegetable, fruits and spices – that helps the body protect itself from excess carbohydrate intake.

This resulted in the creation of EMULIN™. They went on to patent this formulation.

